



THE POWER OF POSITIVE PARTICIPATION

MEANINGFULLY ENGAGING YOUNG PEOPLE IN HEALTH RESEARCH



Eva Drummond



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What is Generation Scotland?

- Cohort study to improve health and well-being
- Started in 2006 and now has 30,000 volunteers in Scotland
- Data from volunteers used by researchers **worldwide** and have published **300+** scientific papers

RESEARCH AREAS INCLUDE...

MENTAL HEALTH COVID-19 CHRONIC PAIN DISEASE DIABETES HEART DISEASE ASTHMA CANCER DEMENTIA

Now **young people** can join - anyone aged **12+**



generation
scotland



THE UNIVERSITY
of EDINBURGH



University
of Glasgow



1495
UNIVERSITY OF
ABERDEEN



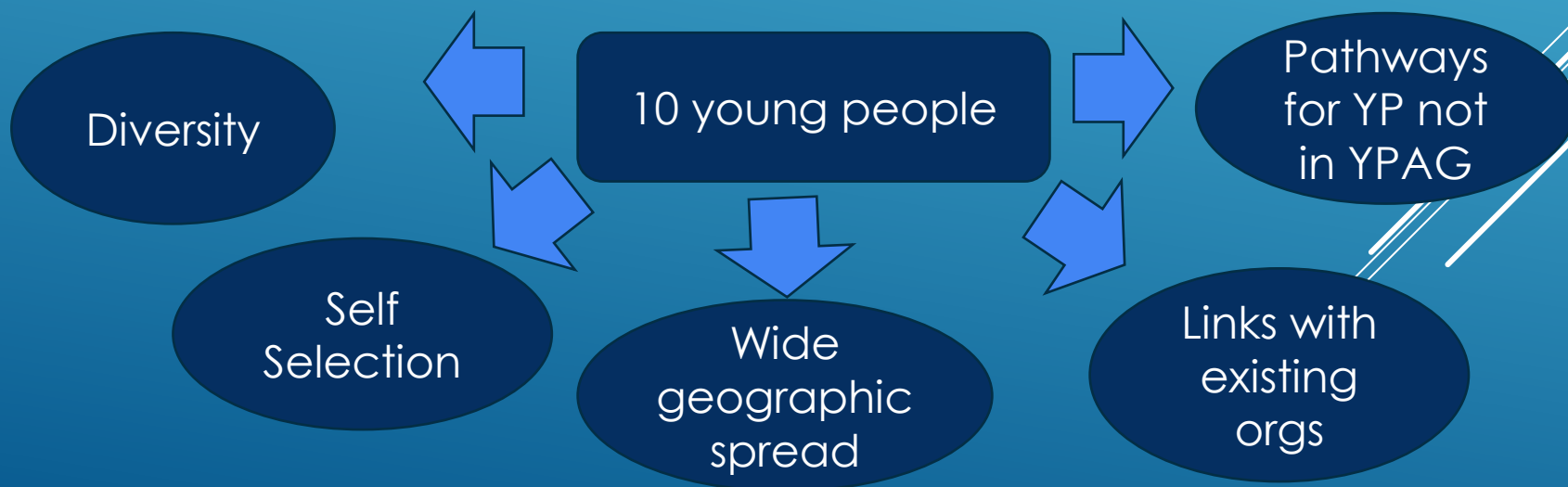
UNIVERSITY OF
DUNDEE

NHS
SCOTLAND

Context and Background

LONELINESS STUDY YPAG

Using an EMA app to investigate the impact of online & offline social interactions on feelings of loneliness in young people aged 12-15



Recruitment



Internal & external partnerships

CHANGE
MENTAL
HEALTH

SAL VESDEN MINDROOM

RURAL MENTAL
HEALTH FORUM

GLASGOW DISABILITY ALLIANCE

YOMO

#IWILL

SEE ME

DYSLEXIA SCOTLAND

YOUNG
SCOT

YOUTHLINK SCOTLAND

RESPECT ME

LGBT YOUTH

Events

6 online meetings

1 face to face - 6 hours

Presentation at Scottish Association of
Community Child Health Conference

4 presentations on meaningful
youth engagement

Stalls at Youth Work conference, 2 science
festivals, Royal Highland Show,
intergenerational gathering

CURRENTLY DESIGNING A
LONELINESS EXHIBITION

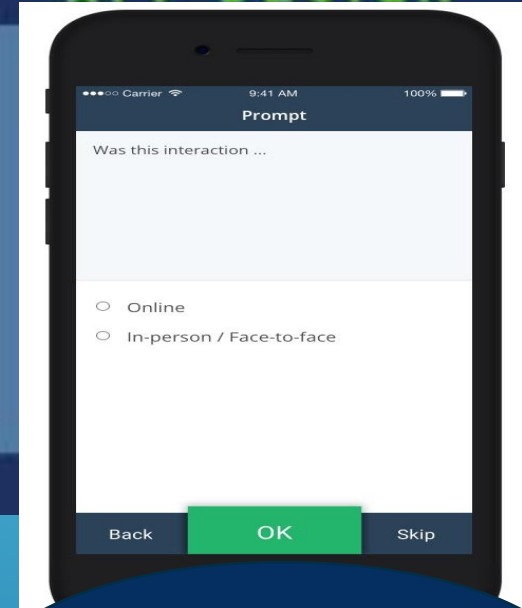


What did young people shape?

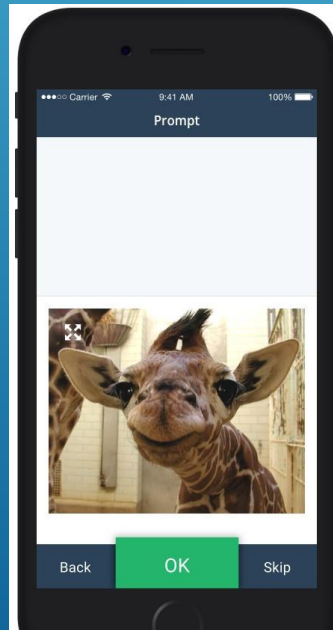
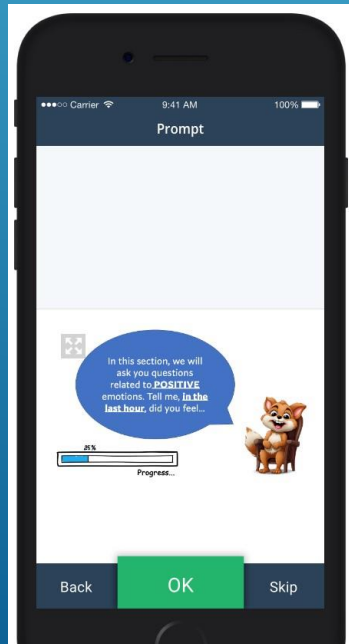
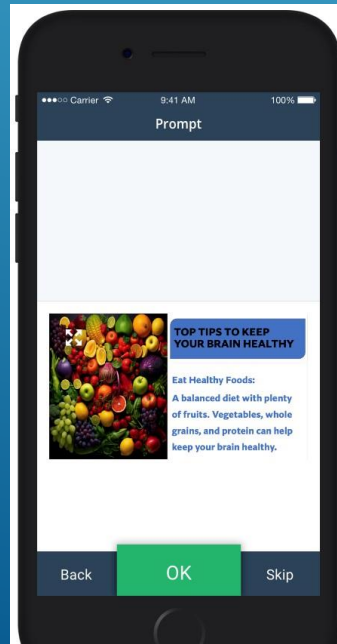


FREQUENCY OF EMA
DEFINITIONS
WIDER RECRUITMENT
GS SIGN UP PROCESS

APP DESIGN



BEFORE



AFTER

Recognising the YPAG

- Participative democracy certificate
- Young Scot Points
- Amazon vouchers
- sharing public speaking platforms
- Employment reference
- Saltire awards
- Certificate of achievement
- Thank you letters - young people & schools

.....Pringles!!!!





Eva Drummond

Loneliness Young
Person's Panel Group
Member (YPAG)





Principal Investigator
Professor
Heather Whalley



Research Fellow
Dr Zhuoni Xiao



Co-Investigator
Dr Aja Murray



Co-Investigator
Dr Liana Romaniuk



Research Support Officer
Liz Kirby



Operations Manager
Generation Scotland
Robin Flaig



THANKS FOR LISTENING



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